LUNCH

EST. 2024

JOUJOU

IN MIDDLETOWN

Appetizers

Spinach Tomato Lavash
Flatbread, fresh tomato, spinach, mozzarella & parmesan cheese, smoked sea salt 12
(add blackened shrimp or smoked salmon + 6)

Hummus Trio
House-made traditional hummus, two daily specialty hummus, pita & veggies 13

Creole Mussels
PEI mussels, tasso ham, garlic, lime, onions, thyme, fire roasted peppers, creole cream sauce, focaccia bread 15

Bayou Dip
Cream cheese, chicken, peppers, and green chilies. Served with toasted pita bread 14
(add vegetables +3)
(sub crawfish for chicken +2)

Crab Cakes
Fresh crab, classic remoulade, arugula salad 18

Kentucky Oysters (3)
Chesapeake oysters, spinach, tasso ham, onion, pecorino cream sauce, baked breadcrumbs 10

Garlic Cheese Sticks
House-made pizza crust, garlic butter, mozzarella, house-made marinara 15

Boudin Balls (3)
Risotto, tasso ham, andouille sausage, mozzarella, Cajun seasoning, remoulade 16

French Quarter Wings
Roasted wings, Dan O's Cajun Chipotle Dry Rub, Buffalo, French Quarter sauce, choice of house-made bleu cheese or Dan O's Ranch 14

= Gluten-Free = Vegetarian
= House Favorites

SPLIT PLATE CHARGE +3
Parties of 6 or more automatic 20% gratuity

Soup & Salad

add salmon 10 | shrimp 9
grilled chicken 8 | crab cake 9

She Crab Bisque
Lump crab, sherry wine, cream, onions, paprika, green onions 7/10

Soup of the Day
Chef's Daily Selection. Cup 7 | Bowl 10

Classic Wedge
Iceberg lettuce, smoked bacon, Roma tomatoes, red onions, house-made bleu cheese, bleu cheese crumbles 13

Grilled Chicken Salad
Spring mix, grilled chicken, toasted almond slices, cucumber, cherry tomatoes, goat cheese, red wine vinaigrette 16

Caesar Salad
Romaine lettuce, Cajun croutons, parmesan cheese, housemade Caesar dressing 13

Seasonal Salad
Spring mix, pepitas, golden raisins, bleu cheese crumbles, Granny Smith apples, molasses vinaigrette 13

Side Salad
Spring mix, tomatoes, onions, parmesan, Cajun croutons 7

Housemade Dressing
Dan O's Ranch | Bleu Cheese | Caesar | Molasses Vinaigrette | Balsamic Vinaigrette | Honey Mustard | Red Wine Vinaigrette

Sides

Creole Kale 6
Cheese Grits 6
Sautéed Spinach 6
Dirty Rice 6
Asparagus 7
Cajun Fries 6
Red Potato Mash 6
Brussels Sprouts 6
Mixed Vegetables 6



Pizza

Gluten Free Crust +3 (10" only)
Vegan Cheese +3

The Lou Chicago
A Chicago-style double deep dish pizza, mozzarella and parmesan cheeses. Three toppings of your choice. Bring a fork! 33
Try a Personal Pan Lou Chicago -
10 inch two topping 20

Lou Lou Pizza
Bacon, sun-dried tomatoes, roasted red peppers, goat cheese, red onions, mozzarella, garlic butter 18/25

All Meat Pizza
Pepperoni, Italian sausage, bacon, ham, marinara sauce, mozzarella and parmesan cheeses 18/25

Buffalo Chicken Pizza
Grilled chicken, buffalo sauce, celery, mozzarella and parmesan cheese, Dan O's Ranch 18/25

Hot Brown Pizza
Turkey, Roma tomatoes, bacon, mornay sauce, mozzarella 18/25

Goat Cheese & Vegetable Pizza
Zucchini, squash, red onions, mushrooms, roasted red peppers, garlic butter, goat and mozzarella cheeses 18/25

Build Your Own Pizza
Small 10" - 12 | Toppings $2 each
Large 14" - 14 | Toppings $3 each

PIZZA TOPPINGS: pepperoni, sausage, onions, green peppers, jalapeños, bacon, ham, mushrooms, banana peppers, chicken

PREMIUM TOPPINGS
crawfish, shrimp, anchovies $4/$7

Entrees & Handhelds

Pick 2 Lunch Combo - Choose 1/2 Bayou Turkey Club or Muffuletta with Classic Wedge, Caesar Salad, Seasonal Salad, Cup of She Crab, Cup of Soup of the Day 16

Shrimp & Grits
New Orleans-style shrimp, garlic, creole butter, fried okra, tasso ham, green onions, red peppers, cheddar grits 19/26

Creole Catfish Sandwich
Cornmeal crusted catfish filet, classic remoulade, LTO, brioche bun, served with a side of your choice 17

Grilled Chicken Sandwich
Grilled chicken breast, tomatoes, mixed greens, fire roasted red peppers, feta cheese, pesto aioli, served with a side of your choice 16

Bayou Turkey Club
Sliced Turkey, French Bread, remoulade, stone ground mustard, spring mix, sliced andouille, tomato, caramelized onions, cajun fries 16 (toasted optional)

Crab Cake Sandwich
House-made crab cake, remoulade, tomato, arugula salad, brioche bun, cajun fries 15

Hot Brown
Mornay sauce, roasted turkey, smoked bacon, tomatoes, and focaccia bread 14/19

Lou Lou Burger
Half pound of Berry Farm's Prime Chuck, Cajun cheese sauce, bacon, lettuce, onions, tomatoes, garlic brioche bun, Cajun fries 18

Fried Shrimp Po' Boy
Beer battered shrimp, lettuce, tomato, pickles, remoulade, French bread, cajun fries 18

Muffuletta
Focaccia bread, mortadella, capicola, salami, provolone, house-made olive salad, giardiniera, cajun fries 18

Cajun Short Rib Sandwich
Berry Farm's braised short rib, Cajun cheese sauce, banana peppers, caramelized onions, brioche bun, served with a side of your choice 19

Pastas

Gluten-free pasta + 3

Chicken Carbonara
Chicken, fresh mushrooms, red onions, green onions, bacon, parmesan cream sauce, linguine 15/19

Four Cheese Ravioli
Ricotta, asiago, mozzarella, parmesan stuffed ravioli, zucchini, squash, spinach, red onion, asparagus, mushroom, Jalapeño mint pesto cream sauce 15/19
(Add salmon 10, shrimp 9, grilled chicken 8)

Bleu Cheese Short Rib Rotini
Berry Farm's braised and pulled short rib, bleu cheese, Demi cream sauce, pecorino, white onion, mushrooms, local cherry tomatoes, rotini 16/21

Linguine & Meatballs
House-made marinara sauce, meatballs, parmesan cheese, linguine 14/18

Tortellini Alla Vodka
Fresh cheese tortellini, asparagus, mushrooms, onions, garlic, spinach, marinara and vodka cream sauce, pecorino 15/19
(Add salmon 10, shrimp 9, grilled chicken 8)

From the Bayou

All Bayou entrees served w/ bread

Jambalaya
Cajun tomato broth, smoked chicken, alligator sausage, shrimp, crawfish, Cajun trinity vegetables, green onions, carrots, dirty rice 19

Gumbo
Deep brown roux, smoked chicken, alligator sausage, shrimp, crawfish, Cajun trinity vegetables, green onions, okra, dirty rice 19

Etouffée
Creamy tomato sauce, Cajun trinity vegetables, crawfish, green onions, dirty rice 19

Red Beans & Rice
Slow-cooked beans, Cajun trinity vegetables, andouille sausage, green onions, dirty rice 18

Bayou Sampler
Jambalaya, Gumbo, Red Beans & Rice, Étouffée, dirty rice 32

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.

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